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# Shut Up & Sk8: Roller Derby 101



## Synopsis

"Shut Up & Sk8: Roller Derby 101" is an overview of the sport of roller derby. From the history of the sport to maintaining gear, this book is perfect for those interested in trying out, volunteering for a league, or those who just want to learn more about roller derby. Everyone will enjoy this ebook, from fans to fresh meat and even veteran skaters.

## Book Information

File Size: 648 KB

Print Length: 47 pages

Publication Date: November 28, 2013

Sold by: Digital Services LLC

Language: English

ASIN: B00GZ20RC8

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,220,964 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #23 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Individual Sports > Rollerskating & Rollerblading #57 in Books > Sports & Outdoors > Individual Sports > Rollerskating & Rollerblading #279 in Kindle Store > Kindle eBooks > Nonfiction > Sports > Extreme Sports

## Customer Reviews

Bruisie Q had a lot of good info on Derby. However some of it was repeated several times. Good book for Fresh Meat (derby term) to read.

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Times of the Roller Derby The Roller Derby Athlete Bay Area Roller Derby (Images of America) A Friendly Frolic: A Roller Derby Lesson Plan, Emphasizing Partner Blocking Technique My BoutBook: A Roller Derby Logbook Spin to Win: A Roller Derby Lesson Plan, Emphasizing Spin Techniques for Blockers & Jammers (Encyclopedia Skate-annica Book 1) Scars & Stripes: The Culture of Modern Roller Derby EveryGirl's Guide to Roller Derby The Business of Roller Derby: Setting and Achieving Individual Goals Flat Track Fashion: The Roller Derby Look Book The Business of Roller Derby: Choosing a Team Structure Roller Derby: The History and All-Girl Revival of the Greatest Sport on Wheels The Business of Roller Derby: Developing an Efficient Training Committee

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